



Henry
County

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YOUNG LEADERS CELEBRATED AT 2022 ILLINOIS FARM BUREAU® ANNUAL MEETING

The outstanding efforts of young Illinois farmers and leaders took center stage Sunday morning during the Illinois Farm Bureau (IFB) Annual Meeting, scheduled Dec. 3-6, at the Palmer House in Chicago.

The 2022 County Young Leader Awards program highlighted the hard work and dedication of Young Leaders and county Farm Bureaus (CFB) across the state, including community projects and member engagement efforts.

A complete list of recipients – along with a brief description of each award – can be found below. For awards recognizing a CFB in each membership group, sections are broken down by membership size, with Group 1 being the smallest and Group 5 being the largest.

Young Leader Achievement Award: This award recognizes Young Leaders for their achievements on their farm and in leadership positions.

Evan Hultine, Bureau County

Excellence in Agriculture Award: This award recognizes Young Leaders who are actively contributing and growing their involvement in Farm Bureau and the agriculture industry.

Kaylee Heap, Kendall County

County Activities of Excellence – Young Leader Program: These awards honor CFBs' grassroots efforts in the area of Young Leader and Young Farmer programs, including work with Harvest for All, developing agriculture leaders, recruitment and Farm Bureau Agricultural Contact Team (FB ACT) incentives. One CFB in each membership group is selected as the winner:

Membership Group 1: White County, Young Leader Pistol Shoot

Membership Group 2: Mercer County, YMCA Staff Lunch & Learn

Membership Group 3: Knox County, Cover Crop Field Day

Membership Group 4: Kankakee County, Used Tire Recycling Collection

Membership Group 5: Will County, Golf Outing for Ag Education

Multi-County Group Category: Washington and Perry Counties, Ag Industry Tour

Top County Young Leader Chair Award: This award recognizes county chairs that excel in Farm Bureau involvement and leadership, as well as motivating fellow county committee members to become involved in county, district and state activities. Winners in each membership group receive onstage recognition, a plaque and an expense-paid trip to attend the American Farm Bureau Federation's AFBF FUSION Conference in Jacksonville, FL, March 3-6, 2023.

Membership Group 1: Ryan Williams, White County

Membership Group 2: No submission

Membership Group 3: Jeremy Flikkema, Carroll County

Membership Group 4: Kate Huffman, Henry County

Membership Group 5: Austin Granby, Kendall-Grundy

Friend of Young Leaders Winners: This award gives county Young Leader committees the opportunity to nominate someone who has had a positive impact on their programs. Winners receive onstage recognition, a plaque and a cash prize. Recipients include:

David Myer, LaSalle County

Greg Rohman, Henry County

Steve Warrick Sr., Will County

Young Leader FB ACT Winner: The FB ACT asks members to respond to legislative action requests on timely issues. Young Leaders who responded to all action requests this past year were entered into a drawing to win an expense-paid trip to the IFB Governmental Affairs Leadership Conference or Leaders to Washington, D.C trip. This year's recipient is:

Lance Buzzard, Fayette County

"As a grassroots membership organization, our members at the local level are the heart of Illinois Farm Bureau," said Vanessa Wright, Young Leader program coordinator. "This awards program gives us the opportunity to recognize and thank the outstanding dedication these Young Leaders have for their communities, and it is only a portion of what is done in a year across the state. We hope our winners feel appreciated, and that others are inspired to create new ways of serving our industry in the future."

Young Leader Awards



Accepting awards on behalf of Henry County Young Leaders are (l to r) Shane Asher, Sadie Asher, Logan Van Rheenen and Kate Huffman.

**HENRY COUNTY FARM BUREAU
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 Brian DeBrock Kate Huffman

AT-LARGE

Sadie Asher Jim Larson
 Hilary Boelens Pat Martens
 Gary Asay Scott Jordan
 Jan Weber Bill Wyffels

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FARM BUREAU OFFICE PERSONNEL

Katie Laleman, FBCMManager
 Veronica Taber.....Administrative Assistant

**HENRY COUNTY
DATEBOOK**

JANUARY

- 2 HCFB Office Closed – Happy New Year!
- 9 Women in Agriculture Conference – Registration Opens
- 11 Katie Laleman, Farm Bureau Manager, on WKEI 1450 AM, 8:25am
- 12 Henry County Beef Association, 7pm, Boardroom
- 17 HCFB Board of Directors meeting, 7:30pm, Boardroom
- 20-21 IFB Young Leaders Conference, East Peoria
- 26 HCFB Women – Special Program featuring Ag Mental Health Specialist, Adrienne DeSutter, 6:00pm, Boardroom

Farm Bureau
 Salutes the
COUNTRY
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 Recruiter of the
Month



Katie Spivey, Galva

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HENRY COUNTY Ag in the Classroom

What is in a Cookie?



Second grade students at Annawan Grade School learned where the ingredients for cookies come from and decorated Christmas cookies during their Agriculture in the Classroom lesson.

Learning about Evergreens



Second grade students at Wethersfield Elementary learned about evergreens then decorated an edible tree. Paula Janson, Henry County Ag in the Classroom Coordinator, presented the program to the students.

Huffman Receives Top Award



Kate Huffman, Chair of the Henry County Farm Bureau Young Leaders, was named Top Young Leader Chair award winner at the Illinois Farm Bureau Annual Meeting. Huffman was recognized for her outstanding leadership to the Young Leaders by her dedication and commitment. A Galva native, Kate also serves as a Director on the Farm Bureau Board and Chairs the Health and Safety Committee.



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Illinois Farm Bureau Debuts New Environmental Documentary

Farmers and the agricultural research community joined forces in a new Illinois Farm Bureau (IFB)-produced documentary highlighting Illinois' progress in reducing nutrient loss.

"Farmers continuously work to find innovative solutions for preserving our soil and to protect water quality," said Richard Guebert Jr., IFB president. "We wanted to celebrate our farmers' dedication to the environment, while sharing with a broader audience the trials and, in some cases, financial risks farmers take to conserve our natural resources."

He added, "This documentary sends a clear message to various organizations and individuals working together on the Illinois Nutrient Loss Reduction Strategy (NLRs): Continue to remain passionately dedicated to improving agriculture's impact on the environment."

Centered around the Ganschow family in Bureau County, the hourlong documentary, titled "Sustaining Our Future: A Farm Family Story," illustrates how three generations

of farmers have approached sustainability. It also highlights the role of scientific research in the process and includes perspectives from the Louisiana Farm Bureau on the hypoxic zone in the Gulf of Mexico.

During the filming of the documentary, Jim Ganschow unexpectedly passed away. IFB dedicates the documentary in his memory in respect and honor of the values and demeanor he lived by and the legacy he leaves behind.

IFB debuted the documentary to its members Saturday, Dec. 3, during the opening session of its 108th Annual Meeting at the Palmer House Hilton in downtown Chicago. Viewers can now watch the documentary at <https://bit.ly/3UQ05X9>.

"Farmers throughout Illinois go to great lengths to preserve our soil and protect water quality," said Lauren Lurkins, IFB director of environmental policy. "IFB staff wanted to go to those same great lengths to produce a video that showcases these efforts, the farmer spirit and the collaboration required to achieve the goals of the NLRs."

She added that the documentary "does a great job of highlighting not just the policy issue at hand, but the work IFB has done to address nutrient loss and the personal stories of our farmer members involved."

IFB's video and environmental teams partnered with farmers, county Farm Bureaus, researchers and other key stakeholders to film the documentary over the course of a year. Dozens of interviews and archival footage show the long-term commitment and continuous improvement involved in conservation.

The documentary also shows Illinois farmer's progress in furthering the goals of the NLRs. The strategy is a guide for wastewater treatment, urban and agriculture stakeholders to reduce the loss of nitrate-nitrogen by 15% and total phosphorus by 25% into Illinois waterways by 2025. The eventual target is a 45% reduction in the loss of these nutrients to the Mississippi River and Gulf of Mexico.

To read more about IFB's environmental initiatives, visit www.ilfb.org/Environment.



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IAA Foundation Offers Scholarships To Support Agriculture, Illinois Farm Bureau Families

BLOOMINGTON, Ill. — Agriculture students and Illinois Farm Bureau® (IFB) members, spouses and children are eligible to apply for 100 college scholarships offered by the IAA Foundation, Illinois Farm Bureau's charitable arm. The scholarships, ranging from \$1,000 to \$7,500, will be awarded in total of \$201,501 for the 2023-24 school year.

"We are pleased to recognize students through our ever growing and changing scholarship program," said Jennifer Smith, Development Manager, IAA Foundation. "It is a privilege to support the next generation of leaders and encourage degrees in agriculture related fields."

Students may apply for a variety of scholarships, including three IAA Foundation Distinguished

Scholarships, where winners each receive \$5,000 awards. Another \$7,500 award goes to the Illinois Farm Bureau Legacy of Leadership scholarship winner. In addition to family scholarships often established to honor the memory of a loved one, the IAA Foundation offers scholarships on behalf of Prairie Farms Dairy. For 2023, the IAA Foundation is honored to administer the newly created Sandhu Minority in Agriculture Scholarship, and the Thomas E. and Mary Morgan Lykins Scholarship. Additionally, fellowships will once again support students pursuing advanced degrees in fields that directly relate to agriculture.

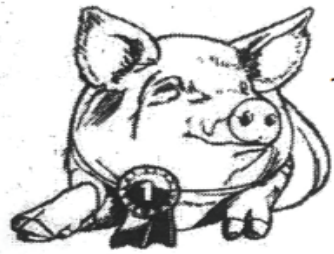
Scholarships are awarded based on involvement in extra-curricular activities, community service, academic performance, leadership experiences,

and response to an essay. Previous winners of an IAA Foundation scholarship are eligible to apply again if the scholarship allows.

A full listing of available scholarships and eligibility guidelines is available on the Foundation website, www.iaafoundation.org. The application opens January 1 and must be completed online by February 15, 2023.

For more information, contact your county Farm Bureau, the IAA Foundation at 309-557-2232, or e-mail Jennifer Smith at jsmith@ilfb.org

The mission of the IAA Foundation, Illinois Farm Bureau's charitable arm, is to fund education, research, and charitable activities that benefit Illinois farm families and agriculture.



ATTENTION: Henry County Pork Producers Scholarships

Henry County Pork Producers will award several scholarships to students who plan to attend college and to current freshman, sophomore or junior college Students. Their family must be a Pork Producer member. The student does not need to pursue a career in agriculture. If you have a student who may be interested, please contact:

Tom Dale
henrycountypork@gmail.com

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Health Department & First Choice Healthcare Mental Health Staff Address the “Winter Blues”

The Henry and Stark County Health Department along with First Choice Healthcare and its Behavioral Health Staff would like to address what many refer to as the “Winter Blues.” The winter blues are very common, with many of us experiencing a mood shift during the colder, darker days of winter. You may find yourself feeling more lethargic and down overall. Although you may feel more unhappy than usual, the winter blues typically do not affect your ability to enjoy life.

But if your winter blues start permeating all aspects of your life — from work to personal relationships — you may be experiencing seasonal affective disorder (SAD). SAD is a subtype of major depression that is characterized by the onset of depression during winter months when there is less natural light. For many people, symptoms usually start in the fall and continue into the winter months.

Symptoms of Seasonal Affective Disorder may include:

- Feeling depressed most of the day, nearly every day
- Feeling hopeless or worthless
- Having low energy
- Losing interest in activities you once enjoyed
- Problems sleeping
- Changes in your appetite or weight
- Feeling sluggish or agitated
- Having difficulty concentrating
- Having frequent thoughts of death or suicide

How Do You Treat SAD? Treatment for SAD may include light therapy (phototherapy), psychotherapy and medication. In addition to your prescribed treatment plan for SAD, you may also try:

- Making your environment sunnier and brighter
- Spending more time outside
- Exercising regularly
- In addition to SAD, some people with major depression, unrelated to the season, may experience an increase in symptoms during the late fall and winter; it is important that they discuss this with a behav-

ioral/mental health professional. The most important take-home message is that SAD, just like other types of depression, is treatable and people should not suffer in silence; they should seek help

And remember, Behavioral and Mental Health Services are now available at First Choice Health Care. We are now accepting appointments in our Kewanee location! Our behavioral health staff are prepared to support patients aged five and over. For such issues as depression, anxiety, stress, substance use and addictions, behavior problems, bipolar disorder, attention deficit hyperactivity disorder, family/parenting issues, obsessive compulsive disorder, post-traumatic stress disorder, schizophrenia and other related disorders, sexual assault, suicide prevention, trauma, and loss.

Help and understanding are just a phone call away! Call all the Health Department’s First Choice Healthcare at 309-852-5272!



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IFB to Hold Governmental Affairs Leadership Conference in February

Make plans to attend Illinois Farm Bureau's annual Governmental Affairs Leadership Conference (GALC) and become more involved at the local, state and national level and advocate for agriculture issues.

The event will bring together more than 400 farmers, IFB members, leaders and industry experts across the state on Tuesday, Feb. 14 at the Bank of Springfield Center, 1 Convention Center Plaza.

This year's conference, themed "Charting the Course," identifies the obstacles agriculture may face in the coming years. Attendees will learn about how IFB builds relationships with local, state and federal elected officials. It also provides opportunities for IFB members to share their perspectives with IFB leadership and staff.

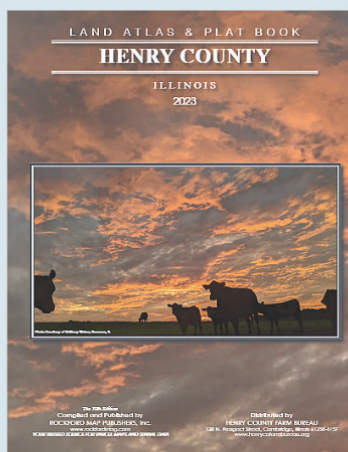
This one-day event will highlight Illinois Farm Bureau legislative priorities and provide insights from nationally recognized speakers. Issue sessions in-

clude expert presenters covering local government, rural development, transportation, livestock and environment.

Political columnist and co-founder and editor-in-chief of The Dispatch and former senior editor of National Review magazine, Jonah Goldberg will serve as the keynote speaker. Goldberg seeks to provide thoughtful and nuanced political commentary that sparks dialogue and debate. He is also a former FOX News and CNN contributor and was named Top 50 Political Commentators in America by The Atlantic magazine.

The day's event will end with the annual Illinois Legislative Reception legislative reception with members of the Illinois General Assembly where IFB members can advocate firsthand with Illinois policy makers.

To sign up contact the Henry County Farm Bureau at (309) 937-2411 or manager@henrycofarmbureau.org



2023 Henry County Plat Book

AVAILABLE NOW!

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Shipping is available.

Sustaining Our Future

A Farm Family Story

Illinois Farm Bureau's documentary is coming to WQAD **January 15th, 2023**. Tune in to the program at 11 a.m. and follow along as three generations of an Illinois farm family demonstrate sustainability efforts on their farm.

WQAD8 abc



You are invited to a special program for

Women in Agriculture

January 26, 2023 | 6:00 p.m.
Henry County Farm Bureau

A light meal will be served.

Sow Hope Grow Hope

Presented by: Adrienne DeSutter,
Ag Mental Health Specialist



Whether you're running the equipment, running the house, or a little bit of both, women play a powerful role in agriculture. Adrienne's message reminds you that your growth is greatest when YOU are holding the measuring stick. And when you hit your peaks, so does everyone around you.

RSVP

By Jan 20 to (309) 937-2411 or
email manager@henrycofarmbureau.org

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FARM GATE

By Joanie Stiers



One of my favorite holiday cards routinely arrives at the turn of the New Year. My friend mails photo cards that capture her cattle, sometimes in the romantic calm of winter. One year it was a snow-capped hay bale. Another, it was the steaming breaths of her cows with frost-covered backs. Just looking at that photo, you can feel the frigid air of that winter morning, but the cows appear at

peace, content with the cold Illinois landscape.

And they are.

Cows wear leather coats year-round, a clever observation from my cattle-farming cousin. While she and her husband pile insulated bibs, heavy coats, stocking hats, gloves and sub-zero-rated boots in the mudroom this time of year, the cows wear what they need every month of the year. She finds that her cows prefer win-

ter temperatures over those of summer.

Likewise, our farm's cows lie down to rest in the snow, unbothered by the frozen landscape. If a cold wind blows, the cows huddle together or locate shelter, whether in the barn or natural areas like trees. With help from farmers like my friend, cousin and dad, cattle are incredibly hardy. Daily access to hay provides cattle with their primary en-

ergy source in a season when the pasture grass doesn't grow. Supplements of minerals and protein support overall health. And farmers ensure heating elements remain operable to keep water thawed and fresh in automatic water drinkers.

Livestock caretakers generally dread the weather events that cancel school. Heavy snow means clearing barnyards and drive-

ways to reach the cattle and then scooping paths to their food and water. Still, most cattle farmers will take snow and frozen ground over mud any day. Mud ranks worse than a blizzard, making a mess of the pastures and cattle lots. Especially with cool temperatures, the wet landscape increases fatality risks for newborn calves in late winter and early spring. The sloppy terrain quite simply makes getting around on hoof or foot

a genuine hassle for cows and their farmers, and to the house cleaner's dismay, the farmhouse mudroom earns its title. In fact, I never expect to see mud on our holiday cards of well wishes.

About the author: Joanie Stiers farms with her family in West-Central Illinois, where they grow corn, soybeans, wheat, hay and cover crops and raise beef cattle and backyard chickens.

Members Save on THOUSANDS of Hotels

Family vacations and weekend getaways just became even more affordable for Illinois Farm Bureau members. Thanks to the addition of TravelSherlock, which offers THOUSANDS of hotel options, the Illinois Farm Bureau membership benefit package just got a little sweeter! Members can now save up to 30% on overnight stays across the country.

Whether it's a quick road trip or a longer vacation, this Illinois Farm Bureau member benefit helps make travel more enjoyable for everyone. Members can visit ILFB.Travelsherlock.com to search hotel options for their location of choice. Members can obtain the discount code by contacting their county Farm Bureau office.

Young Leaders Compete at State



Jeff Knobloch (left) and Logan Van Rheenen represented Henry County at the Illinois Farm Bureau Young Leaders State Discussion Meet. The meet was held at the IFB Annual Meeting held in Chicago in December.

FFA Members Receive Scholarships



Logan Van Rheenen (right), Secretary of the Henry County Farm Bureau Young Leaders, presented FFA Jacket Scholarships to Anawan FFA Students, Audra Smith and Aleigha Witte.

Getting to know your Farm Bureau policy

In order for you to better understand Farm Bureau policy, we run articles each month in the *Farmer*.

78. SOCIAL SECURITY

We support:

1. Studies and pilot programs testing the feasibility of private sector alternatives to Social Security as a means to devise long-term solutions to maintain the solvency of the Social Security trust fund and to ensure retirement benefits for all Americans.

2. Stabilizing benefits rather than increasing Social Security taxes.

3. Continued separate deductions for Social Security taxes to make them clearly identifiable.

4. Correction of the inequity in the method of determining earnings of self-employed persons subject to Social Security taxes when a substantial portion of the earnings are related to a return on investment in business property. A rent equivalent should be made an allowable deduction from earnings for this purpose.

5. Allowing self-employed persons to deduct their Social Security taxes as a business expense.

6. Repeal of the Social Security

offset law.

We oppose:

1. Regulations which classify Conservation Reserve Program payments to Social Security recipients as earned income. They should be considered as rent.

2. Social Security payments to alien workers who reside outside the U.S. or its territories.

3. The use of a total farm payroll test to determine if wages are subject to Social Security taxes.

4. Using Social Security funds for purposes other than Social Security.

Easy Dues Renewal Options

- Online at MyIFB.org
- Call & Make Payment via Phone (309) 937-2411
- Mail Payment to 128 N. Prospect Street | Cambridge, IL 61238
- Office Dropbox in Entryway: Monday – Friday, 8:30 am - 4:00 pm



Absentee ballots can be requested by contacting Elyse Littrel at the Henry County Soil and Water Conservation District Office. Absentee ballots must be post marked by Feb.8th, 2023.

2023 NOTICE OF ELECTION OF DIRECTORS

To All Owners And Occupiers Of Lands Lying Within The Boundaries Of The Henry County Soil And Water Conservation District:

Notice is hereby given that an Election will be held on the 13th day of February 2023 at 6:00a.m.-5:00p.m. at 301 East North Street, Cambridge, IL 61238. Two Directors will be elected to serve the Henry County Soil and Water Conservation District of the State of Illinois.

All persons, firms or corporations who hold legal title or are in legal possession of any land lying within the boundaries of the said district are eligible to vote at said election, whether as lessee, renter, tenant or otherwise.

Only such persons, firms or corporations are eligible to vote.

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Registration is open for in-person PSEP Private Applicator test on Jan 24 at Illinois Extension in Milan, IL

(MILAN, Ill.) University of Illinois Extension is offering an in-person private applicator PSEP test only on Tues., January 24 at their Rock Island County office located at 321 W 2nd Ave., Milan, IL. There will be two sessions to choose from: 9 a.m. – noon, or 1 – 4 p.m. Seating capacity is limited to 25 participants per session. Pre-register to attend the in-person training on a first-come, first-served basis by signing up at: go.illinois.edu/PSEPTest2023Milan

You can also find additional in-person and online trainings offered throughout the state at Illinois Extension's PSEP website <https://extension.illinois.edu/psep/training-testing>

University of Illinois Extension provides equal opportunities in programs and employment. If need a reasonable accommodation to participate or if you have questions about the PSEP test, contact Tracy Jo Mulliken at 309-756-9978.

Carey Portell to Headline Women in Agriculture Conference

The Women in Agriculture Conference committee is excited for the 2023, Women in Agriculture Conference. Carey Portell will headline for the annual Women in Agriculture Conference in Rock Island on Friday, March 24, 2023. Portell is a survivor and a thriver, but most importantly she is a mom, wife, neighbor, and friend. She and her husband oversee a farm in mid-Missouri where she balances between speaking and cattle farming. Portell strives to motivate and inspire audiences, encouraging them to break through limitations, learn to believe in oneself, and tap into their higher power as a source of inspiration. Her message will teach attendees to thrive despite challenges and arrive with an attitude of gratitude on their path to success.

Ruth Wooley will be the featured mid-day speaker. Wooley is an attorney with Ricker Law, LLC. Her major concentrations are food, farm, and family law. Her presentation will cover an overview of farm leases and why you need them in writing. She will discuss different types of farm leases and farm lease considerations.

Closing out the conference is Amanda Radke. She is a fifth-generation rancher from Mitchell, S.D. who has dedicated her career to serving as a voice for the nation's farmers and ranchers. Radke regularly tack-

les industry issues as a columnist and speaker. Radke challenges listeners to change their outlook in the face of great uncertainties to PIVOT. CONNECT. SERVE and LEAD with positivity.

The conference will host a variety of breakout sessions with topics including farm partnership agreements, farm input costs, federal conservation and climate change policy, and securing the future for animal agriculture, just to name a few.

Included in the day is an exhibit area, with many businesses and organizations offering materials, promotional items, and give-away drawings, a breakfast and luncheon buffet and mid-day snack break. Conference cost prior to March 1 is \$70. After March 1 through March 19 the cost is \$90. Registrations taken the week of and the day of the conference will cost \$100. Registration the day of the conference begins at 8am. To pre-register, contact any sponsoring Illinois County Farm Bureaus or register online at womeninagricultureconference.com.

Pre-registration for the event begins in early 2023. More details can be found at womeninagricultureconference.com. This Conference is sponsored by the Farm Bureau Women in Agriculture Conference Committee.

IAA Foundation Offers Scholarships To Drive Agriculture Forward

BLOOMINGTON, Ill. — Truck drivers are critical for transporting farm commodities, inputs and food throughout Illinois and the nation. The IAA Foundation is pleased to administer the Driving Agriculture Forward Scholarship to help offset the cost of needed commercial truck driver training and ensure more well-trained, safe drivers are available.

“We are pleased to diversify the types of scholarships available through our program,” said Jennifer Smith, Development Manager, IAA Foundation. “We are encouraged by the insightfulness of donors who choose to support all facets of agriculture.”

In late 2021, the Illinois Farm Bureau committed to funding the Driving Agriculture Forward Scholarship. This donor agreement will continue for the next five years.

Applicants enrolled, or planning to enroll, in a commercial driver training program at an Illinois Community College are encouraged to apply. Five \$1,000

scholarships will be awarded every three months and are based on the Illinois Farm Bureau region where the applicant resides.

All applicants must be Illinois residents and must provide proof of enrollment in during the corresponding award cycle. Additionally, an endorsement is required from a farmer, County Farm Bureau leader, agribusiness, or food processing business.

Full eligibility guidelines and the link to apply is available on the Foundation website, www.iaafoundation.org.

For more information, contact your County Farm Bureau, the IAA Foundation at 309-557-2232, or e-mail Jennifer Smith at jsmith@ilfb.org

The mission of the IAA Foundation, Illinois Farm Bureau's charitable arm, is to fund education, research, and charitable activities that benefit Illinois farm families and agriculture.

Charcuterie Board Class Held



The Farm Bureau Education Committee sponsored a “Charcuterie Board Class” in November as part of their Consumer Engagement Program. Throughout the class, instructed by Taylor Jamison of Plate Me QC, attendees heard from representative of dairy, beef, pork, and nutrition.

RECIPE

Sponsored by:



HENRY COUNTY FARM BUREAU

Women

Banana/Yogurt Bread

From the kitchen of Cathy Carlson

½ c. butter, softened	1 ½ c. vanilla yogurt
¼ c. sugar	1 c. white flour
¼ c. honey	1 c. whole wheat flour
1 egg	1 ½ tsp. baking powder
½ c. applesauce	1 tsp. cinnamon
1 ripe banana	½ c. walnuts (optional)

Soften butter in microwave. Add sugar, stir until smooth. Beat in egg, applesauce, honey, banana, and yogurt. Mix flour, baking powder and soda in a bowl. Stir in whole wheat and white flour, cinnamon, and nuts. Do not over stir. Pour into a greased 9x5x3 loaf pan. Bake at 350° for 50 minutes.

2023 Illinois Farm Bureau® Young Leader Executive Committee Members Chosen

The Illinois Farm Bureau (IFB) Young Leader Committee has elected its 2023 executive committee members.

The executive committee members, which include Chairman Sadie Asher of Henry County, Vice Chair Rachel Fulton of McLean County, Secretary Carolyn Brummel of Kane County, Education and Recruitment Subcommittee Chair Jenna Severs of Vermillion County, Achievement Subcommittee Chair Kody Bowman of McDonough and Governmental Affairs and Commodities Subcommittee Chair Josh Reinhardt of Randolph County, will assume their positions immediately.

Members of the IFB Young Leaders are 18- to 35-year-old men and women who are passionate about agriculture. It is a member-created, member-driven program of the IFB that allows members to promote agriculture, attend conferences and compete in events, including the Young Leader Achievement Award, Excellence in Agriculture Award and discussion meets. Giving back is also a priority for Young Leaders. Through their Harvest for All program, Young Leaders raise funds, donate food and contribute their time to help fight food insecurity throughout the state.

"I've always been very passionate about recruitment of Young Leaders," Asher said. "There aren't as many farmers today as there were in the past, but there are a lot of people like myself that grew up on farms and are passionate about the industry. We really want to be involved. And I think our voices deserve to be heard."

Former IFB Young Leader Chair Aaron Mitchell, of Winnebago-Boone County, said in his farewell speech that Farm Bureau will remain a place to help solve ever-evolving challenges in the years to come.

"We will see a changing agricultural landscape that will require us to not hang on our hats on our past laurels, but remain engaged in policy development and in creating new programs or companies to help farmers be successful," he said. "As my year as chair comes to a close, I hope the work that we have done as a committee and as Young Leaders will add to the progress that will occur in the years to come."

The Illinois Farm Bureau is a member of the American Farm Bureau Federation, a national organization of farmers and ranchers. Founded in 1916, IFB is a non-profit, membership organization directed by farmers who join through their county Farm Bureau. IFB has a total membership of more than 366,043 and a farmer membership of 76,527. IFB represents three out of four Illinois farmers.



The 2023 Illinois Farm Bureau Young Leader Executive Team. Top row, from left: Sadie Asher, Kody Bowman, Rachel Fulton; bottom row, from left: Josh Reinhardt, Jenna Severs, Carolyn Brummel. (Photo by Catrina Rawson)



Our resolution is to help you
meet your financial goals



Mike Geuns
Annawan
(309)935-6697



Merle Hall
Kewanee
(309)852-2121



Eric Henderson
Geneseo
(309)944-4618



Julie Hessler
Orion
(309)526-8024



Tom McKie
Cambridge
(309)937-3372



Jerry Samuelson
Woodhull
(309)334-3430



Katie Spivey
Galva
(309)932-3272



Cassie Stahler
Geneseo
(309)944-4618



Dan Kniss
Agency Manager
(815)221-3075

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1220-507HC_-10/6/2022



County Farm Bureaus Honored During Illinois Farm Bureau Annual Meeting

Henry County Farm Bureau was recently recognized during the 108th Annual Meeting of the Illinois Farm Bureau for their outstanding programming.

The Illinois Farm Bureau Annual Meeting provides an opportunity for recognition of outstanding achievement by individual members and county Farm Bureaus (CFBs). Counties compete for awards with other counties of similar membership size. Awards are given for five county groups:

Group I — counties with 1,330 and fewer members

Group II — counties with 1,331 to 1,899 members

Group III — counties with 1,900 to 2,799 members

Group IV — counties with 2,800 to 5,800 members

Group V — counties with 5,801 or more members

Awards given have been evaluated under the County Activities of Excellence (CAE) program. The goals of the CAE program are to recognize CFBs for program excellence, encourage & assist CFBs in setting goals and priorities, inspire and promote innovative programming to meet member needs, promote programming in key areas, and to provide a resource to counties for the purpose of developing new programs.

The Excellence Award is given to the county with the most outstanding project for each program area. Excellence Awards encompassed eight program areas: Ag Literacy, Farm Income and Development, Health and Safety, Advocacy, Local Affairs, Engagement and Outreach, Membership Value, and Foundations and Fundraising.

Additionally, three additional awards are given to recognize outstanding efforts by CFBs:

New Horizon Award – To encourage new and innovative programs;

Liberty Bell Award – To recognize outstanding efforts on issues of public policy impacting state and local Farm Bureau organizational priorities;

Pinnacle Award – Highest-level award given to the most outstanding county in each membership group to recognize overall program excellence as it relates to the County Farm Bureau's goals and priorities.

Henry County Farm Bureau was recently awarded the CAE for Membership Value in Membership Group IV.



Henry County Farm Bureau President, Steve Nightingale accepts the County Activities of Excellence Award from Illinois Farm Bureau Vice President, Brian Duncan.

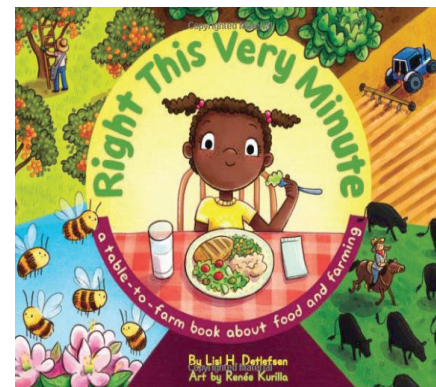
2023 HENRY COUNTY FARM BUREAU

Poster Contest

Farm to Table: All About Food and Farming

*What's that you say? You're hungry?
Right this very minute? Then you need a farmer!*

The book, "Right this Very Minute : A Table-to-Farm Book About Food and Farming" is a story about families in their busy kitchens wondering where the delicious foods they're about to eat comes from. More than a dozen different types of farms are featured throughout the story, showing agriculture in action. Look for this book in your school or local library!



What do you see on a farm? What do farmers raise and grow?

Show us on your poster what you see on farms and how farmers grow the food that we eat!

RULES:

- Must be in 1st, 2nd or 3rd grade in Henry County
- Entries must be submitted on regular 8 1/2" x 11" white paper
- May use crayon, marker, paint, pencil or ink
- No tracing, free-hand drawings only
- The poster will become property of the Farm Bureau and may be reprinted for publication

Back of Poster **MUST** have the following:

- | | |
|---------------------|------------------|
| - Student's Name | - Teacher's Name |
| - Student's Address | - School Name |
| - Grade | - Parent's Name |

ENTRY DEADLINE:

All posters are due by **February 15, 2023** to the Henry County Farm Bureau, 128 N. Prospect Street, Cambridge, IL 61238

CONTEST AWARDS:

Each division will be awarded three prizes:
1st prize \$20.00 2nd prize \$15.00 3rd prize \$10.00

Teacher of each first-place entry will receive a \$25.00 cash prize (**Teachers must submit a minimum of 10 entries from their class to be eligible for the cash prize.**)

Questions:

Contact the Farm Bureau office at (309) 937-2411 or manager@henrycofarmbureau.org.

Sponsored by:

