



**Henry
County**

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Market Outlook Seminar to feature Clayton Pope

Clayton Pope of Clayton Pope Commodities, LLC, will be the featured speaker on Thursday, July 6 at 6:15 p.m. at Lavender Crest Winery, 5401 US Highway 6, Colona. Dinner will be served followed by the local grain market update from Tom Parchert of Big River Resources. Reservations are required and must be made by June 29 to guarantee your attendance.

Clayton Pope has an extensive background in the world of agricultural risk management.

From managing the largest floor operation in the industry at both the CME and the CBOT, working as a consultant serving many of the country's largest grain elevators, years of floor trading and order filling (CBOT), and acting as co-Risk Manager in charge of corn for Cargill's premier farmer consulting group, he has gained invaluable experience. This experience allows him in his current role as owner of Clayton Pope Commodities, LLC to effectively assist today's farming operations with their risk management needs. Clayton Pope Commodities, LLC is a registered Introducing Broker and advisory firm with eight locations across the country.

Cost for the series is \$85.00 and a single session is \$30.00 (if not pre-registered cost will be \$35.00). To make reservations, please call the Henry County Farm Bureau (309) 937-2411, Rock Island County Farm Bureau (309) 736-7432 or Mercer County Farm Bureau (309) 582-5116.



The Market Outlook Seminar Series is sponsored by the Henry, Rock Island and Mercer County Farm Bureau Marketing Committees in conjunction with: Gold Star FS; COUNTRY Financial- Brent Bigham, Chad Nelson, John Waugh; Compeer Financial; River Valley Cooperative; Wyffels Hybrids; Big River Resources; BankORION; Blackhawk Bank & Trust; Central Bank.

Farm Bureau to Host "Safety Starts with YOU"

Have you thought about safety for you and your family? Do you want to see demonstrations and receive free giveaways and information? Looking for a great, free event for the whole family to attend?

The Henry County Farm Bureau Health and Safety Committee will hold a FREE community event focused on areas of safety, health, and wellness. Join us on Wednesday, July 12, 5:00-7:00 p.m. at the Central Bank Pavilion, 218 North State Street, Geneseo, IL. Following the event will be the Central Bank Concert featuring Angela Meyer, from 7:00-9:00 p.m.

The event will feature exhibitors that will highlight Grain Bin Safety & Rescue, CPR and "Stop the Bleed" Demonstrations, Mental Health, Ag Equipment Driving Simulator, "Touch a

Tractor" and Overall Health & Wellness. Plan to enjoy food vendors, Henn House BBQ and Tropical Sno, along with safety demonstrations, kids' activities, giveaways and much more!

Exhibitors will include Gold Star FS, Wyffels Hybrids, Henry County Sheriff's Department, Henry County Health Department, Henry County Mental Health Alliance, Geneseo Fire Department, Bishop Hill Fire Department, Geneseo Police Department, Cintas, Prairie State Tractor and Henry County Farm Bureau.

Join us for this FREE community event focused on safety and open to the public. Enjoy great information, handouts and giveaways. An event for the whole family! For more information contact the Henry County Farm Bureau at (309) 937-2411 or email manager@henrycofarmbureau.org.

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**Henry County Farm Bureau
Welcomes New Members**

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Ashley & Jake Fuller	Aaron & Karen Willett
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**Farm Bureau
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Henry County Farm Bureau Datebook

JULY

- 4 4th of July – Office Closed
- 6 Market Outlook Seminar – Lavender Crest, Colona, IL, 6:15pm (Reservations required)
- 12 HCFB Manager Katie Laleman on WKEI 1450 AM – 8:25am
- 12 “Safety Starts with You!” – Central Bank Pavilion, Geneseo, 5-7:00pm
- 23 HCFB Board of Directors Meeting – 5:00pm, DeCrane Farm
- 25 HCFB Young Leaders Meeting – 6:30 pm, Boardroom
- 27 CPR Training sponsored by Farm Bureau Women – 6 pm, Boardroom

AUGUST

- 1 National Night Out, 5:00pm, Geneseo City Park
- 6 HCFB Young Leaders Cookout – 1pm
- 7 HC Pork Producers Meeting – 7:00pm, Boardroom
- 9 HCFB Manager Katie Laleman on WKEI 1450AM – 8:25am
- 11 HCFB Foundation Golf Fun Day – Baker Park, Kewanee

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First Choice Healthcare Clinics of Kewanee and Colona Offer 'Ready for School' Services to Area Students

The Henry and Stark County Health Department's First Choice Healthcare Clinics of Kewanee and Colona note that though school may be out for summer; remember, August will come soon enough. Therefore, they remind local parents and students they are offering Sports and School Physical Exam clinics throughout the summer.

First Choice Healthcare will offer school and sports physicals at their Kewanee and Colona locations. Those with insurance coverage, please bring insurance information if billing to insurance. Appointments are available at their Kewanee, 110 N. Burr Blvd.; and Colona, 103 1st St., locations.

The clinic will offer area junior high and senior high school athletes, freshmen, sixth graders, kindergartners, and preschoolers' school or sports physicals. Please note, to help reduce wait times, arrive with your physical forms (obtained through your local school districts) already completed.

The First Choice Healthcare Clinics encourage parents to call early for

their appointments; and thereby avoid the end of the summer rush.

Parents make sure your children are up-to-date on their required immunizations before school begins this fall. Immunizations, TB checks; blood lead screenings, and other needed lab tests are also available to participants at additional charges. The First Choice Healthcare Clinics have all immunizations that are required for school entry as private pay vaccines. Please call for eligibility, costs, and for vaccine availability.

In addition, the Department reminds area parents that certified copies of birth certificates for children born in Henry County since 1971 can be obtained through the Health Department office, 110 N. Burr Blvd., Kewanee. The charge for obtaining birth certified copies is \$13 for the first copy and \$6 for each additional copy.

For more information visit our website at www.henrystarkhealth.com or find us on Facebook at Henry and Stark County Health Departments or Follow Us on Twitter and Instagram.

TOUCH A TRACTOR

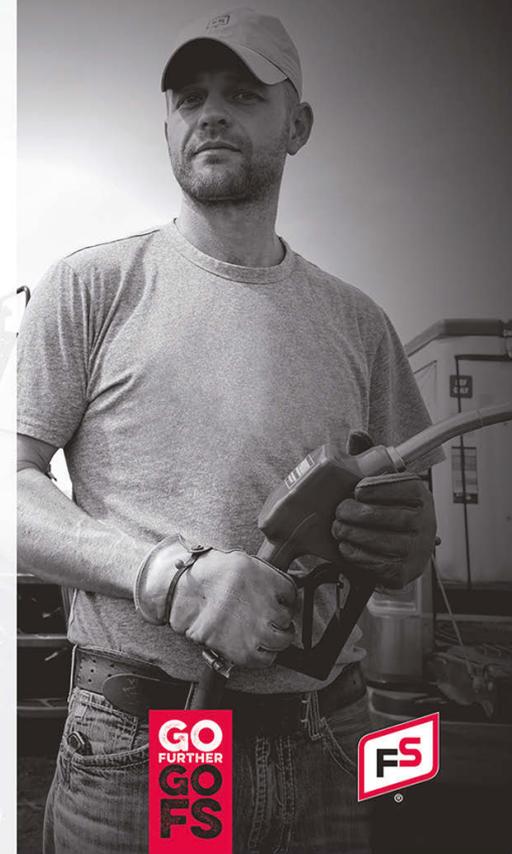


Brian Corkill, Henry County Farm Bureau Vice President, shows daycare children at Galva Day Care his tractor during the daycare's "Touch a Truck" event. The children got to see a tractor, school bus, fire truck, police car and more during the fun event!

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IL Extension Plans Fields of Potential: Utilizing Cover Crops for Sustainable Agriculture Dinner and Panel for July 13 in Woodhull, IL

(Woodhull, IL) Discover the untapped benefits of cover crops for your fields at the upcoming event, “Fields of Potential: Utilizing Cover Crops for Sustainable Agriculture.” The event will take place on July 13, 2023, from 5:00 PM to 7:00 PM at the Woodhull Town Hall.

This engaging panel discussion will feature three accomplished local producers who have successfully integrated cover crops into their production systems. Attendees will gain valuable insights, firsthand experiences, and learn important lessons from these experts.

- Key topics that will be covered during the event include:
- Learning about cover crop mixes to consider de-

pending on your goals

- Exploring different application and termination methods to meet your operation’s unique needs
- Connecting with like-minded farmers at various stages of their cover crop journey
- Getting answers to your questions about cover crop integration
- Exploring potential cost-share opportunities

In addition to the enlightening panel discussion, attendees will also enjoy a complimentary dinner. This event is free to attend, but registration is required. Secure your spot by July 7th by registering online at go.illinois.edu/CoverCropsJuly13 or by calling (309) 756-9978. Dinner will be served before the discussion begins, and doors will open at 4:45 pm.

The event is sponsored by the University of Illinois Extension, the Illinois Corn Growers Association, and the Illinois Soybean Association. Their support and commitment to sustainable agriculture make this event possible.

University of Illinois Extension provides equal opportunities in programs and employment. Anyone needing a reasonable accommodation to participate can contact Rachel Curry at rccurry@illinois.edu or call 217-265-0851.

Don’t miss this opportunity to learn more about how you can enhance your field’s productivity through cover crops. Join us on July 13th for this must-attend event and be prepared to take your agricultural practices to the next level.

MARK YOUR CALENDARS & GATHER YOUR GOLFING BUDDIES!



AUGUST 11TH, 2023

**Baker Park Golf Course
Kewanee, IL**

Watch our Facebook page for more information coming soon!

We can't wait to see you there!

Getting to know your Farm Bureau Policy

85. POLITICAL INVOLVEMENT

We support:

- A person's right to individually or collectively contribute time and money to candidates of his or her choice.
- The participation in the political process, both as individual citizens and members of the Illinois Agricultural Association (IAA).
- Equal access to government for all citizens regardless of political engagement.
- The expansion of political involvement programs to promote Farm Bureau policy by aiding and promoting candidates for public office who, through their actions, have supported the goals and purposes of the IAA.

RECIPE



Sponsored by:

Polish Cabbage Rolls

From the kitchen of Clementine Harczak,
Cathy Carlson's grandmother from Poland

Ingredients

- | | |
|--|----------------------------|
| 1 large head cabbage | ½ cup chopped onion |
| 2 ¼ pounds ground beef | 2 eggs |
| 1 cup white rice, cooked according to package directions | Salt, pepper |
| | 3-4 large cans tomato soup |

Instructions

Core cabbage, steam or boil briefly and separate into leaves, drain. In a bowl, combine beef, cooked rice, onion, eggs, salt, and pepper. Add 1 cup of the tomato soup, mix gently but thoroughly. The mixture should be very moist. Place a mound of filling on the stem end of a cabbage leaf and roll up, tucking sides inward as you roll. Continue with remaining filling. Place a layer of leftover cabbage leaves on the bottom of a wide kettle. Layer stuffed rolls on top. Add remaining tomato soup. Cover with more cabbage leaves. Cover with a lid and gently simmer until filling is cooked and cabbage is tender, about 2 hours. Remove cabbage rolls. Remove extra tomato soup and pass at the table.



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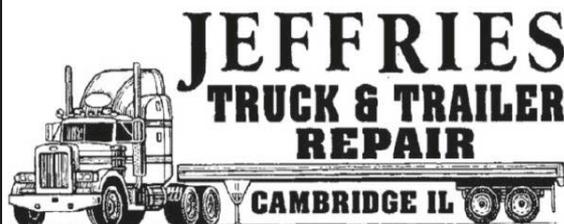
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NIGHTINGALE REPRESENTS ILLINOIS IN WASHINGTON



Steve Nightingale, President of the Henry County Farm Bureau, was selected to attend the AFBF Advocacy Fly-In in Washington D.C. held in June. Steve joined others from Illinois Farm Bureau in meeting with several members of our Illinois Congressional delegation to discuss our Farm Bill priorities, WOTUS next steps, trade, and immigration issues affecting agriculture. The group also met with the Senate and House Agriculture Committee Chairs while on their visit to the nation's Capital. Pictured (l to r) are Richard Guebert, President, Illinois Farm Bureau; Adam Henkel, President, Lee County Farm Bureau; Rachel Fulton, IFB State Young Leader Committee; Congressman Eric Sorenson; Mark Gebhards, Executive Director of IFB Governmental Affairs & Commodities; Steve Nightingale; and Adam Nielsen, IFB Director of National Legislation & Policy Development.

TEACHER WORKSHOP HELD



Paula Janson, Agricultural Literacy Coordinator for Henry County, presented to teachers during the recent Summer Ag Institute, "Ag in a Day" Teacher Workshops. Paula is shown presenting a classroom lesson to teachers about corn, she showed teachers the books used with the lesson and the activity for the students.

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Why wait? Jump into savings right now! With so many discounts available, you may need to take more than one trip this summer.

Discover over 300,000 member benefits for Farm Bureau members at ilfb.abenity.com. Contact the Henry County Farm Bureau for more details on how you can save with your Farm Bureau membership.

CPR Training

Open to all Farm Bureau members and families!
Seating is limited!

Thursday, July 27

6:00 p.m. - 8:00 p.m.

**Henry County Farm Bureau,
128 N. Prospect Street, Cambridge**

Instructor: Melissa Olson, American Heart Association

Cost (if applicable): \$20 (if you wish to receive a card for 2-year certification)

OR

FREE if no card is requested
(No written test will be given)

Meal will be served. Door prizes, CPR masks, giveaways and more!

Reserve your seat by July 20!

Call (309) 937-2411 or email manager@henrycofarmbureau.org

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FARM GATE

By Joanie Stiers



Farm threads through summer traditions

My husband fished at the farm. Our son and his friends played paintball-style games in the farm woods. I smoked brisket from our inventory of freezer beef, and our daughter baked an order of graduation cakes that required 30 fresh eggs from her chickens. We ended the weekend as a family kayaking the river that borders the home farm.

The first few days out of school provided a glimpse of farm-infused summer traditions to come, like Sunday mornings in solitude on the front porch. Impromptu wiener roasts under starry skies. And summer-time suppers with hyper-local menu items: Burgers and steaks from our farm's cattle herd paired with green beans, lettuce or sweet corn from the garden.

Despite the Illinois humidity, I love the freedom and energy of summer on the farm between planting and harvest seasons. That feeling amplifies with time-

ly, beneficial rains and having all the hay baled for the time being. This break between the farm's busiest seasons gives our minds an opportunity to pause at spectacular, golden sunsets and lightning bugs dancing in the rural darkness afterward.

West Coast cousins soon visit the farm with an itinerary to catch those fireflies, view as many cows, chickens and tractors as possible and play wiffle ball in the farmyard. The kids of my city cousins have requested to see Farmer Doug's excavator in action, giving them more pretend-play scenarios for their favorite 1/16th-scale toy.

Once upon a time, our kids played similarly, using toy backhoes and wheel loaders in a designated corner of the vegetable garden. Now teens, the farm Jeep supercharges their summer fun. The 4x4 effectively scouts crops and teaches our license- and per-

mit-holding farm kids how to drive a stick shift. We spend summer nights practicing on the backroads in the vehicle's iconic, open-air glory. Subsequently, I think I found my spirit vehicle.

Summer brings sunflowers to cut, chickens to show and ice cream worth a country drive. The kids' schedules include youth leadership events, summer employment on the farm and the debut of a 75-foot slip-and-slide on the slope north of the farm shop. The State Fair signals the end of summer break. Soon after, our neighbors will close their "farm pool" for the season, a glammed-up livestock water tank. I give them the prize for most-creative farm-infused fun.

About the author: Joanie Stiers farms with her family, growing corn, soybeans and hay and raising beef cattle, backyard chickens and farm kids in West-Central Illinois.



Safety Starts with YOU!

FREE Community Event for the Whole Family!

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JULY 12TH
5PM-7PM

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Sponsored by: Henry County Farm Bureau Health & Safety Committee

For more information contact the Henry County Farm Bureau: (309) 937-2411