



Official Publication Of The Henry County Farm Bureau, Cambridge, IL 61238



JUNE

- 2.....Henry County Pork Producers meeting, 7pm
- 10HCFB Executive Committee meeting, HCFB Office, 6:30pm HCFB Board of Directors meeting, HCFB Boardroom, 7pm
- 12Henry County Beef Association meeting, 7pm
- **17-22Henry County Fair,** 311 E. North Street, Cambridge
- 20HCFB Young Leader's Kids Pedal Pull, Midway Entertainment tent, Registration: 3pm, Pulls at 3:30pm
- 24Henry County Young Leaders meeting, HCFB boardroom, 6:30pm

JULY

- 1Market Outlook Seminar, RSVP REQUIRED, Lavendar Crest Winery, 6:15pm
- 3.....Deadline for "Birdies for Charity" donations to the HCFB Foundation
- 4.....HCFB Closed Happy 4th of July!!!
- 7.....Henry County Pork Producers meeting, HCFB boardroom, 7pm
- 9"Safety Starts with YOU" –
 Free Community Event, Central
 Bank Pavillion- Geneseo, 5-7pm

AUGUST

8......HCFB Foundation Annual Golf
Fun Day, Baker Park Golf Course,
Kewanee. Call now to reserve
your tee time! (HCFB Office will
be closed)

FOUNDATION ANNOUNCES DOBBELS MEMORIAL SCHOLARSHIP

The Henry County Farm Bureau Foundation is honored to announce a scholarship to be established in memory of Robert J. and Donna Jean Dobbels.

Robert and Donna Jean were lifelong farmers and raised grain, hogs, and cattle on their family farm, in rural Cambridge, from 1954 until retiring in 1995.

The Dobbels joined the Henry County Farm Bureau in 1954 and went on to hold outstanding leadership roles during their time as members. Bob served on the Board of Directors as Weller Township Director for 7 years and held the office of Secretary for 6 years. Donna was a member of the Women's Committee and held the office of Chair for ten years.

Mr. Dobbels was a member of the Galva Co-op, Illinois Blue Cross Board, Geneseo Moose Lodge No. 990, Flemish-American Club in Kewanee, Indian Trails and the Henry County Pork Producers, where he served as Vice President. Robert helped start the Cambridge Champs 4-H Club.

Mrs. Dobbels was a member of the Geneseo Moose Lodge No. 990, Flemish-American Club in Kewanee and the Henry County Pork Producers. She was a leader of the Busy Bee's 4-H Club in Bishop Hill for 35 years.

The Dobbels were members of St. John Vianney Catholic Church in Cambridge, where Donna Jean taught second graders for 50 years.

The scholarship guidelines and application period will be announced in early 2026. For more information about the Henry County Farm Bureau Foundation, contact Katie Laleman, Farm Bureau



Robert J. and Donna Jean Dobbels.

Manager, at (309) 937-2411 or email manager@henrycofarmbureau.org.

The Henry County Farm Bureau Foundation was formed in the Spring of 1984 to carry out charitable, scientific, literary, and educational work in the field of agriculture. Contributions to the Foundation are accepted from the public and are tax deductible. The Foundation is non-profit, organized under 501C3 of the Internal Revenue Code, contributors can deduct their gifts as allowed by law.

Birdies for Charity - Donate to the Farm Bureau Foundation

It is Birdies for Charity Time! When you fill out a pledge form for the Henry County Farm Bureau Foundation, your donation goes further with the support of John Deere, and you have the chance to win a two-year lease on a 2025 Lexus.

Pledges are now a one-time flat donation. You will also be able to guess the number of birdies recorded during the John Deere Classic for your chance to win a car or other prizes. Simply fill out a pledge form by June 25 with your contact information and pledge amount and mail it to the Henry County Farm Bureau Foundation, 128 N. Prospect Street, Cambridge, IL 61238.

You may also make your donation online at https://birdiesforcharity.com/donate and select the Henry County Farm Bureau Foundation.

The Henry County Farm Bureau Foundation was formed in the Spring of 1984 to carry out charitable, scientific, literary, and educational work in the field of agriculture. Contributions to the Foundation are accepted from the public and are tax deductible.

Please help us preserve our past and grow our future for the generations to come!

MEMBERSHIP Corner

HCFB MEMBERS – DON'T MISS THE HENRY COUNTY FAIR!

- ✓ Mark your calendars for June 17-22 for the Henry County Fair in Cambridge. The fair is a highlight of all things agriculture and so much more! Watch the livestock shows, see the 4-H and general project exhibits, attend the grandstand shows, enjoy the carnival and of course, taste the food!
- Henry County Farm Bureau members – visit the HCFB office at 128 N. Prospect Street, Cambridge (M-F, 8:30am-4pm), to purchase your discounted
- gate admission tickets. By being a member, you save on day, week and senior passes for entry to the fairgrounds.
- ✓ Visit the Farm Bureau booth in the Merchants Building throughout fair week.

 Important for Henry County Farm Bureau members at the booth see our volunteers to get tickets to redeem at the Pork Patio (limit 2 per membership). You won't want to miss the delicious pork chops and pork burgers!
- ✓ See the HCFB Booth in the Merchant's Building for more about member benefits, fun -and educational 'Kids Korner', giveaways and more!!!
- ✓ Are you a current member to take advantage of all of these great savings? Do you need to renew your membership? Check that membership card or contact us at the HCFB office at (309) 937-2411 or email manager@ henrycofarmbureau.org.

HENRY COUNTY FARM BUREAU

BOARD OF DIRECTORS

EXECUTIVE COMMITTEE

President: Steve Nightingale
Vice President: Heather Poppy
Vice President: Brian Corkill
Secretary: Kevin Schwartzkopf
Treasurer: David Westerlund

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DISTRICT 2

Brian Daniels, Greg Decker, BJ Weber, Tim Yager

DISTRICT 3

Thad Curry, David Schmedt, Lisa VanWatermeulen, Evan Youngren

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DISTRICT 4

Justin Frank, Kate Huffman, Chris Kendall, Steve Krause

AT-LARGE

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STAFF

Manager: Katie Laleman, FBCM

Administrative Assistant: Chelsea Vyncke



EVERY GALLON, EVERY DAY

APPLY TODAY AND



Henry & Stark County Health Department & First Choice Healthcare



Note June Men's Health Month & June 9-15, Men's Health Week

The Henry and Stark County Health
Department and its First Choice Healthcare
Clinics announce that June has been
designated National Men's Health Month and
June 9-15 has been designated Men's Week.
It's not just good luck and good genes that
lead to a healthy life. Research shows that
our actions have a big say in the matter, too.
Many major health problems that affect men
and boys are preventable through lifestyle
changes, early detection, and treatment.

The First Choice Healthcare staff notes Men's Health Week by focusing on these top tips for men to maintain good health and long lives.

- Get routine exams and screenings.
 Ask your doctor how often you need to be examined
- Talk about your mental health.
- Get enough sleep.
- · Eat healthy.
- Stay at a healthy weight.
- Get moving take part in regular exercise.
- Be smoke-free. If you smoke, quit today!
- Avoid heavy drinking.
- · Manage stress.

The Health Departments note that as many people consider health care today; the ideas of prevention and early detection of disease will become increasingly important.

To illustrate this point the Department staff notes the following statistics:

- Despite advances in medical technology and research, men continue to live an average of five years less than women, with African-American men having the lowest life expectancy.
- Prostate cancer is the most common cancer in men, afflicting 1 out of every 11 American men and killing 34,000 men every year.
- If prostate cancer is detected early it can be treated effectively, but early prostate cancer has no symptoms.
- Appropriate use of tests such as Prostate Specific Antigen (PSA) exams, blood pressure screenings, cholesterol checks, etc., in conjunction with clinical examination can result in the detection of many of problems in their early stages and increase survival rates to nearly 100%.

The Health Department's First Choice Healthcare Clinics offer Clinical Health, Mental Health, and many Men's Health Services. To schedule an appointment call (309) 852-5272 (Kewanee) or (309) 792-4011 (Colona). For more information visit our website at www.henrystarkhealth.com or find us on Facebook at Henry and Stark County Health Departments or Follow Us on Twitter and Instagram.

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IAA FOUNDATION ANNOUNCES **DRIVING AGRICULTURE FORWARD** SCHOLARSHIP RECIPIENTS

Seven individuals are receiving financial support to enroll in truck driver training classes thanks to the **Driving Agriculture Forward** Scholarship program, funded by Illinois Farm Bureau and administered by the IAA Foundation.

The charitable arm of the Illinois Farm Bureau, the IAA Foundation, awards \$20,000 in scholarships annually to offset the cost of commercial truck driver training and ensure more well-trained, safer drivers are available.

The first round of recipients for 2025 were just announced and includes Andrew Adcock of Greene County, Rowdy Beam of Henry County, Grant Becker of Clinton County, Will Bland of Greene County, Jake Conrad of Henry County, Camden Crow of White County, and Megan Henderson of Massac County.

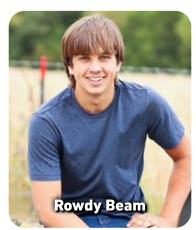
"Investing in individuals who keep agriculture products moving is a pleasure, they represent the strength and diversity of our industry," said



Jennifer Smith, Development Manager, IAA Foundation.

Scholarship applications are available year-round with consideration deadlines occurring quarterly. The next application deadline is June 30, which correlates to drivers who intend to enroll in a commercial driver training program at an Illinois community college between July 1 and September 30,

All applicants must be Illinois residents and provide proof of enrollment during their corresponding award cycle. An endorsement from a farmer, County Farm Bureau



leader, agribusiness, or food processing business is required.

Eligibility guidelines and applications are available through the IAA Foundation website at www. iaafoundation.org.

For more information, contact your county Farm Bureau, the IAA Foundation at 309-557-2232, or email Jennifer Smith at jsmith@ilfb.org

The mission of the IAA Foundation is to fund education, research, and charitable activities that benefit Illinois farm families and agriculture.

5 QUESTIONS FARMERS SHOULD **ANSWER ANNUALLY**

From COUNTRY Financial®



Your farming operation changes frequently. And when you make updates on your farm, you also need to update your insurance coverage.

But, as a farmer, do you REALLY have time to do one more thing...like think about insurance? We get it. That's why our reps are here to talk with you regularly and ask these five questions, to make sure your protection is up to date.

1. Did you buy any new farm equipment?

You may change farm equipment frequently. Maybe you purchased a new planter, and you need to add it to your policy. Or you sold a combine and no longer need coverage for it.

Make sure your farm equipment inventory matches what's on your policy, so you're covered come claim time or to save you from paying unnecessary premium dollars.

2. Have you built or knocked down any farm buildings?

You may make updates to outbuildings on your farm, like grain bins, barns, machine sheds, and stables. If you build, remodel, or tear down any of these structures, make sure those changes are reflected in your policy.

3. Are you growing a new crop?

Diversifying crops is common today. If you add a new crop to your operation, make sure you update your crop coverage. And new crops might also mean new equipment (see #1)!

4. Have there been any changes to your livestock?

Your livestock may vary each month. Have you sold or purchased a large quantity, or gained or lost a few animals through the course of your operations?

Whether your policy covers your livestock individually or as a herd, make sure your coverage matches your current animal inventory.

5. Have you purchased new farm vehicles?

Farm vehicles are a common coverage gap. These items are not covered on farm insurance policies, so they need separate auto and auto liability coverage. This type of coverage can be complicated and is often overlooked.

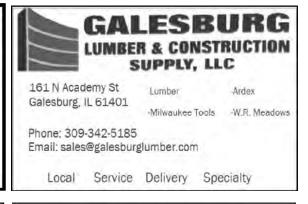
Our reps are here to help you understand your unique insurance needs, so you're covered at claim time, and aren't paying unnecessary insurance premiums.

For more information about farm and crop insurance, visit countryfinancial.com.

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DAIRY DEFINES DAYS, LIFE **MOMENTS**

My day starts with Greek yogurt, fresh berries and a dash of Cheerios on top. It sometimes ends with the same or the richness of milk-based oatmeal. Cottage cheese mixed with firm, sweet red grapes made my tractor lunch box almost daily this spring. And my fridge always holds fresh-shredded cheese, sour cream, and a variety of milks from skim to whole (plus the occasional chocolate) to satisfy the household extremes and my husband in between.

June represents the month to raise an ice-cold glass of milk in salute to dairy farmers as we celebrate National Dairy Month and dairy as a long-time staple of the American diet. Less than a 0.5% of the American population today raises the dairy cows that produce milk to feed the 99.5% of us Americans who don't own them.

More than 96% of those dairy farms are family owned and represent some of the most-committed farm families who rely on technology or hired help to get a break. Dairy cows need milked two to three times a day regardless of holidays, weekends and vacation schedules. Thankfully, advancements in technology provide labor flexibility on some dairy farms where robots milk cows and automated systems deliver feed. Families also have enhanced cow comfort over the years from better bedding for joint health to barn-mounted

brushes that give backrubs. Some farmers even use collars similar to a human Fitbit or Apple Watch to track individual cow activity on their phones.

Yogurt may kick off my day, but dairy does for coffee shop drinkers, too. Around 90% of coffee-based café beverages are prepared with dairy products, according to the Perfect Daily Grind. This June throughout Illinois, watch for Farm Bureau presence at coffee shops as the organization brings awareness to the dairy that dominates lattes, cappuccinos, mochas and more.

While coffee is not my thing, I empathize with the craving. I'll watch flavor schedules for local ice cream shops and travel 15 to 30 minutes one way for the treat on a pleasant summer evening. Dairy defines some of life's mostcherished memories: The summer-night ice cream runs. The cheese ball we make only at Christmas time. The homemade ice cream at family birthday parties. Fresh whipped cream for pumpkin pie at Thanksgiving. And I can taste and feel the milk-logged Oreos I'd soak in a cup of milk as a snack after school as a kid.

backyard chickens and farmkids.

About the author: Joanie Stiers farms with her family in Knox County, where they raise corn, soybeans, hay, beef cattle,



ADOPTED LEGISLATOR VISITS HENRY COUNTY

Henry County Farm Bureau's Adopted Legislator, Representative Nabeela Syed, visited the area this spring to learn more about agriculture in Henry County. Brian Corkill hosted Representative Syed at his Galva farm, discussing spring planting, conservation practices, seed selection, technology and equipment. Pictured are (I to r) Representative Syed, Sadie Asher, Brian Corkill, Steve Nightingale and Heather Poppy.



REPRESENTATIVE TOURS **BLACK HAWK EAST**

During her spring visit to Henry County, Representative Nabeela Syed, met with students and faculty at Black Hawk East and toured the campus. Drew Cotton, Co-Department Chair and Professor, is shown with Rep. Syed in the Equine facility on the college campus. Special thanks to Representative Dan Swanson for meeting with the group and joining us in welcoming Rep. Syed to Henry County.

IAA FOUNDATION AWARDS

\$166,251 in Scholarships

TO STUDENTS PURSUING AGRICULTURE DEGREES

Students can count on support of scholarships for college tuition during the 2025-2026 school year, courtesy of the IAA Foundation.

The charitable arm of the Illinois Farm Bureau, the IAA Foundation, is awarding \$166,251 to 93 students pursuing degrees in agriculture-related fields. Students are selected based on their activities and leadership, their community involvement, professional career goals and their overall commitment to success.

"Each year we are proud to support and encourage students who represent agriculture's strong and vibrant future," said Jennifer Smith, Development Manager, IAA Foundation.

Students from Henry County receiving scholarship are:

- Ella Anderson Illinois Award Scholarship, \$1,000
- Kendra Downing Vincent O. Greene Memorial Scholarship, \$1,000
- David Mock Illinois Farm Bureau Presidential Memorial Scholarship, \$1,000
- Paige Sierens Wilbert and Carol Keppy Memorial Scholarship, \$2,000

Annually, the Illinois Farm Bureau and county Farm Bureaus combine to award more than \$1,000,000 in scholarship support.

"The scholarship program acknowledges hard-working students and offers financial support so they can pursue their dreams and land careers in agriculture," Smith said. "Through generous farm gifts and contributions from individuals, farm families, Illinois Farm Bureau members, and others who support our industry, we continue to see diversification and growth in our program."

For more information on the IAA Foundation scholarship program, how to establish a scholarship, or to donate to a scholarship fund, visit the IAA Foundation's website at www.iaafoundation.org or call 309-557-2232.



LEARNING ABOUT LIVESTOCK

Brian Daniels, Henry County Farm Bureau Director, recently spoke to students at Willard Elementary in Moline. Brian, shown holding a baby lamb, talked to students about livestock production and gave students Ag Mags to read more about the topic and its importance to Henry County and Illinois.

Market Outlook Seminar to feature Chip Nellinger, Blue Reef Agri-Marketing

Chip Nellinger, Blue Reef Agri-Marketing, will be the featured speaker on Tuesday, July 1 at 6:15 p.m. at Lavender Crest Winery, 5401 US Highway 6, Colona. Dinner will be served followed by the local grain market update from Tom Parchert of River Valley Cooperative. Reservations are required and must made by June 24 to guarantee your attendance.

Chip Nellinger is the President and Risk Management Consultant of Blue Reef Agri-Marketing. He was raised on a grain and livestock farm in North Central Illinois, and graduated from Northern Illinois University with a B.S. in Economics. After graduation, he spent four years on the floor of the Chicago Board of Trade in International Commercial Grain Hedging. Chip has spent 28 years as a licensed commodity broker and 20 years as a licensed crop insurance agent. He is a commodity analyst on US Farm Report, Ag Day, RFD-TV, WILL and WNAX radio. Chip is a 19-year cancer survivor. He has three grown sons – Sam, Jake and Chase, and a granddaughter named Kodi.

Cost for the single session is \$35.00 (if not pre-registered cost will be \$40.00). To make reservations, please call the Henry County Farm Bureau (309) 937-2411, Rock Island County Farm Bureau (309) 736-7432 or Mercer County Farm Bureau (309) 582-5116.

The Market Outlook Seminar Series is sponsored by the Henry, Rock Island and Mercer County Farm Bureau Marketing Committees, in conjunction with: Gold Star FS,

COUNTRY Financial, BankORION, COUNTRY Crop Insurance, Central Bank, Compeer Financial, Big River Resources, River Valley Cooperative, Wyffels Hybrids, Hertz Farm Management, Blackhawk Bank & Trust.



MARKET OUTLOOK

Top-Performing Illinois Agricultural Youth Recognized

During Premier 20 Leadership Conference

Top-performing and innovative FFA Section Presidents and 4-H members cultivated necessary leadership and professional skills during the Youth Education in Agriculture Committee's recently held Premier 20 Leadership Conference.

The Premier 20 Leadership Conference, held April 28-29 in Bloomington, is an elite youth leadership and professional development opportunity uniting 20 exemplary youth in agriculture from 4-H and FFA. Participants were also recognized for achievements during the 2024-25 academic year.

Illinois Farm Bureau Family of Companies through the YEA Committee sponsors the conference each year. Attendees invited to attend are the Top 10 FFA Section Presidents and the Illinois 4-H Sustaining the Future Award recipients.

Attendees participated in a series of sessions allowing them to take a deeper dive into what it means to be a leader and make a positive difference while building necessary communication and cooperative skills. The sessions are intended to help the young professionals develop themselves as leaders.

Outstanding Leadership Awards

In addition to participating in leadership workshops, attendees were recognized as top-performing agricultural youth.

Ten Illinois 4-H members, ages 17-19, who exemplified outstanding leadership within the agricultural industry and demonstrate a desire to remain engaged, were recognized as 2024-25 Illinois Sustaining the Future Award recipients. Award winners are:

- Amanda Niemann, Montgomery County
- Caleb Zwilling, Champaign County
- Ellis Rogers, Knox County



Top-performing and innovative FFA section presidents and 4-H members cultivated necessary leadership and professional skills during Illinois Farm Bureau's recently held Premier 20 Leadership Conference. (Catrina Rawson/IFB)

- Faustina Krysciak, Kendall County
- Hayley Lair, Adams County
- Kamber Kilgus, Livingston County
- Kristina Morrow, Logan County
- Mason Hilmes, Clinton County
- Owen Kocher, Richland County
 Taylor Crouch, Macon County

Ten individuals were also recognized as a 2024-25 Illinois FFA Top 10 Section President. This award recognizes FFA members who excelled in their role as an Illinois FFA Section President over the past year. Section FFA Presidents assist at various state career development events and overall serve as important leaders in the eyes of students and industry professionals.

Students serving as a Section FFA President dedicate a large sum of their time and dedication to the FFA Organization and those they serve. They truly embody the FFA's motto of "Living to Serve." Award winners are:

- Ethan Bremmer, Section 1 (Stephenson County)
- Paige Sierens, Section 3 (Henry County)
- Ellie Davis, Section 6 (DeKalb County)
- Tiffany DeYoung, Section 10 (Kankakee County)
- Kyle Bradshaw, Section 13 (Pike County)
- Kaydance Wooton, Section 16 (DeWitt County)
 Aubrey Wall, Section 19 (Bond County)

- Wyatt Draper, Section 20 (Crawford County)
- Robert Anderson, Section 23 (Richland County)
- Brianna Cullers, Section 25 (Saline County)

About Youth Education in Agriculture:

Illinois Farm Bureau Family of Companies united forces through the Youth Education in Agriculture (YEA) Committee to provide quality programs for agricultural education in Illinois. The committee is comprised of representatives from each of the Illinois Farm Bureau Family of Companies, Illinois 4-H and Illinois FFA. The committee conducts programs to both develop and recognize outstanding professional development skills among youth in agriculture.

About Illinois Farm Bureau:

Founded in 1916, Illinois Farm Bureau – originally known as the Illinois Agricultural Association – is a nonprofit, grassroots membership organization. Illinois Farm Bureau and a statewide network of county Farm Bureaus give members an advantage through impactful advocacy, trusted information and meaningful development to support their careers and Illinois farm families.

Learn more about Illinois agriculture at www. ilfb.org. Connect with Illinois Farm Bureau on Facebook: Illinois Farm Bureau | Facebook, Instagram @ilfarmbureau, X @ILFarmBureau, or on TikTok @illinoisfarmbureau.



'Shop Local' Online Directory Brings New Opportunities To County, Connecting Communities To Local Food

Local food is becoming more accessible than ever with enhanced direct-to-consumer marketing opportunities for local farms and businesses through a new online county directory, Shop Local. Henry County Farm Bureau is making it easier to shop local and support your local community.



Shop Local is an online directory that brings fresh food and local business together. The Shop Local directory, powered by MarketMaker, provides simple, yet powerful search tools to connect growers, buyers, sellers and consumers.

"Whether you're looking for fruits, vegetables, meat, dairy, herbs, flowers, a pumpkin patch, a pick-your-own farm, vineyards, breweries or distilleries, you'll find them in the Shop Local online directory," said Katie Laleman, Manager of the Henry County Farm Bureau.

Local farmers and specialty growers can reach thousands of new customers by registering their business and adding the Illinois Farm Bureau affiliation to their Shop Local profile. Users can create an e-commerce store, or if the user has an already established online store, they can embed the link on their profile and reach new markets. Businesses will also be promoted to all Illinois Farm Bureau members through the Abenity membership discount program and mobile app.

Local community members interested in fresh and local food can access locally-grown or crafted products through a search, find their nearest farmers market, connect with community partners and more using the directory's digital features.

"This is a new way to promote Illinois Farm Bureau members and local food through county Farm Bureaus and our membership app, Abenity," said Raghela Scavuzzo, associate director of food systems development, IFB. "We are excited that counties throughout the state can offer this convenient resource to families ahead of the busy fall market season."

Shop Local is brought forth through a partnership with Illinois Farm Bureau (IFB), in cooperation with the Illinois Specialty Growers Association and Illinois MarketMaker. For more information visit henrycofarmbureau.org/shop-local or contact the Henry County Farm Bureau at (309) 937-2411 or email manager@henrycofarmbureau.org.



Learn how to get more involved with Farm Bureau! Discover our committees and programs, and contact the Henry County Farm Bureau to find out how you can participate.

Legislative Action Committee

- Inform members and other groups of Farm Bureau policy on legislative matters. Contact state and federal legislators when an action request is issued as part of the FB ACT program.
- Regularly review policy of the organization and communicate policy to the membership.

Marketing Committee

- Sponsor the Market Outlook Seminar series, holding four seminars each year focusing on grain and livestock markets
- Request and help develop new programs of marketing affiliates. Help keep the membership informed on developments in marketing and sponsor educational programs when needed.

Member Relations Committee

 Strive for retention of current members and educate them about the work of the organization and the benefits of membership. Explore new methods of communication to promote Farm Bureau to existing members and potential new members, both voting and associate.

Education Committee

- Bridge the gap between consumers and their source of food, while promoting connections between urban and rural agricultural communities.
- Engage non-ag consumers to provide educational opportunities and promote conversations on agriculture and food related topics.

Health & Safety Committee

- Promote health and safety to the ag community and non-farm public.
- Educate young drivers on safe driving when sharing the road with farm equipment.
- Strive to enforce positive mental health in the agriculture community.
- Encourage farmers to follow safe practices and procedures on the farm and in all their daily actions.

Farm Bureau Women

 The Henry County Farm Bureau Women hold programs to educate, develop and expand the knowledge of ladies involved in agriculture and Farm Bureau. Past programs have included women's health, mental health, landowner rights, communication skills and food preparation.

Find an area that sparks your interest or a program you think you would enjoy? Contact the Henry County Farm Bureau at (309) 937-2411 or email manager@henrycofarmbureau.org for more information.

Ford Blue Advantage Vehicles NOW Eligible for the Farm Bureau Recognition Program

We are excited to announce that Ford Blue Advantage Vehicles are now eligible for the Farm Bureau Recognition Program! This exclusive \$500 Cash Reward is available on the purchase of an eligible 2020-2026MY

Ford Blue Advantage Gold, EV (F-150 Lightning only), or Blue Certified vehicle, including Ford Maverick, Ranger, F-150, Super Duty, or F-150 Lightning, with under 80,000 miles.

For more details, please review the disclaimer below or visit the Farm Bureau Recognition Website at https://www.fordrecognizesu.com.

Available on the purchase of an eligible 2020-2026MY Ford Blue Advantage Gold, EV (F-150 Lightning only), or Blue Certified, Ford Maverick, Ranger, F-150, Super Duty or F-150 Lightning with under 80,000 miles. Not available on any other Ford or Lincoln vehicles, or F-150 Raptor, F-150 Raptor R, Ranger Raptor or F-650 and F-750 Super Duty. Vehicle eligibility may change at any time. Available to U.S. residents only. Take delivery from an authorized Ford Dealer's stock by 1/5/2026. Limit of five purchases per household during the program offer (PGM# 32678). Offer subject to dealer participation. May not be used/combined with most other private Ford offers. See an authorized Ford Dealer, or go to https://www.fordrecognizesu. com, for complete details and eligibility (PGM# 32678). Due to high demand and global supply chain constraints, some models, trims, and features may not be available or may be subject to change. Check with your local Ford Dealer for current information. Offer subject to confirmation of eligibility.

Grilling season is here!

Custom Pork Barbeque Spice, 12oz Shaker: \$10 each



CLEARANCE SALE: 2023 Henry County Platbooks

Available at the Farm Bureau office, 128 N. Prospect Street, Cambridge Hours: Mon-Fri 8:30am-4:00pm

Young Leaders Present 4-H and FFA Project Scholarships

The Farm Bureau Young Leaders have awarded three 4-H and FFA members in Henry County with a scholarship for the newly created award program focusing on their projects. The Henry County 4-H and FFA Project Scholarship awards funds to assist students with financial support for their chosen project area.

Recipients of the scholarships this year are:

- Katelyn Attig Annawan All Stars 4-H Club & Annawan FFA, Poultry Project
- Emily Boelens Burns Boosters 4-H Club, Swine Project
- Sam Nightingale Western Jr. Farmers 4-H Club & Orion FFA, Beef Project

Each received an award of \$100 from the Young Leaders to be used towards their respective projects. Congratulations to each award winner!



Sarah Paige Tarr (left), Young Leader, presented a project scholarship award to Katelyn Attig of the Annawan All Stars.



Young Leader, Conner King, awards Emily Boelens of the Burns Boosters 4-H Club.



Young Leader Chair, Shane Asher, recognized Sam Nightingale, Western Jr. Farmers 4-H Club with a project scholarship.



Your farm is your legacy. We can help you protect it.



Mike Geuns Annawan (309) 935-6697



Geneseo (309) 944-4618



Julie Hessler Orion (309) 526-8024



Tom McKie Cambridge (309) 937-3372



Jerry Samuelson Woodhull (309) 334-3430



Erin Spivey Kewanee (309) 852-2121



Katie Spivey Galva (309) 932-3272



Cassie Stahler Geneseo (309) 944-4618





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0.00-0.01

Amy Rademaker, BS *Rademaker Agricultural Safety and Health Services*

I think one of the most humbling things to see in a farming community is to witness farmers and friends coming to help a fellow farmer in need. No one wants to be that person

or have someone in the community needs it, but everyone understands and appreciates it. It is a true sign of solidarity. Similarly, fundraisers, on-line donations, etc. pop up quickly with a cancer diagnosis but what about those suffering from a mental health illness? Where is the meal train for that? One might assume or say "well, it could be a lot worse" or "that's not that bad." How do we know that? We do not.

Merriam-Webster Dictionary defines "disability" as "a physical, mental, cognitive, or developmental condition that impairs, interferes with, or limits a person's ability to engage in certain tasks or actions or participate in typical daily activities and interactions." Medical staff often assess how a condition or symptoms affect Acts of Daily Living (ADLs), and many mental health issues create some form of disruption in ADLs.

Through studies by the World Health Organization, illnesses have been assigned Disability Weights to quantify various conditions and the overall burden of diseases. We could get into the nuts and bolts of how this is done but it is more important to share what has been learned. As I share this information, please keep in mind that conditions affect everyone differently and while this is a way to help evaluate and educate, it's important to note that the situation isn't always straightforward and this data is evaluating each disease independently where as many times there are multiple illnesses involved.

Gingivitis or dental issues

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0.01-0.05	Mild asthma, mild vision loss, mild hearing loss
0.10-0.15	Mild depression, osteoarthritis (radiological grade 2) of hip or knee, epilepsy
0.20-0.30	Non-invasive breast cancer or tumor <2cm, anorexia, mid-moderate obsessive compulsive disorder
0.30-0.40	Severe asthma, deafness
0.40-0.50	Moderate depression, Multiple Sclerosis
0.50-0.65	Paraplegia, emphysema
0.65-0.80	Severe post-traumatic stress syndrome, Disseminated breast cancer, severe depression, moderately severe brain injury with permanent impairments.
0.80-1.00	Severe schizophrenia, disseminated colorectal cancer, severe dementia, alcoholic psychosis,

Source: Global Burden of Disease Collaborative Network. Global Burden of Disease Study 2019 (GBD 2019) Disability Weights. Seattle, United States of America: Institute for Health Metrics and Evaluation (IHME), 2020.

end-stage Parkinson's disease.

With mental health, it often goes untreated, undiagnosed, and often very private whereas other conditions are harder to hide. I hope through this, it has helped shed some light on how truly debilitating poor mental health can be to a person.

If you know someone is struggling, please encourage them to seek help, offer a listening ear, and maybe a delivered meal would go a long way for that person in need.

Together there is HOPE.

RECIPE OF THE MONTH

MINI CORN DOGS

(Baked or Air Fried)





Ingredients:

- 1 package hot dogs (cut in half or thirds)
- 1 cup cornmeal
- 1 cup flour
- 1 tbsp sugar
- 1 tbsp baking powder
- 1/2 tsp salt
- 1 egg
- 1 cup milk
 - · Skewers or toothpicks

Directions:

- Preheat oven to 375°F (or air fryer to 375°F).
- Mix dry ingredients, then stir in egg and milk until smooth.
- Stick hot dog pieces with toothpicks. Dip each into batter to coat.
- Bake on a parchment-lined tray for 15–18 min or air fry for 8–10 min until golden.

BE SURE TO VISIT THE HENRY COUNTY FARM BUREAU
BOOTH AT THE

2025 Henry County Fair

-Members can pick up their Pork Patio Discount tickets
 -Be sure to grab a kids bag and some farm bureau giveaways!

Discount tickets for HCFB Members

The Henry County Farm Bureau will offer its current members discounted tickets for the upcoming 2025 Henry County Fair, June 17-22.

HENRY COUNTY FARM BUREAU. Farm. Family. Food." Prices are as follows:

Day Passes: \$4 each (Limit 4)

Week Passes: \$18 each (Limit 2) Senior Passes: \$13 each (Limit 2)

HENRY COUNTY FARM BUREAU. Farm. Family. Food.™

Passes are available on a first come, first serve basis. Cash or Check ONLY.

Please take note of the quantity limits- there are no exceptions.

Passes may be purchased at the Henry County Farm Bureau Office any time during regular business hours (Monday-Friday, 8:30 am-4 pm)



YOUR FARM BUREAU POLICY

109. LEGISLATIVE BODIES

We support:

- Legislation prohibiting members of the General Assembly from receiving remuneration from any taxing body for other than incidental services rendered on a part-time basis.
- 2. Legislation to provide for a "sunset" of all new state or federal rules issued by departments, agencies, executive order or commissions or explicit reauthorization of those rules at "sunset" which spend tax resources.
- 3. Limiting the Governor's amendatory veto power to only technical corrections and matters of form.
- 4. A restructuring of the Illinois legislative redistricting process that will be conducted by an unbiased third party, will not be based on political affiliation and prior election results, and districts will be compact, contiguous, and impartial to party or incumbency. Districts should follow county, township, and municipal boundaries as much as possible.
- An amendment to the Illinois Constitution that addresses limiting the passage of lame duck legislation and requires a 3/5 vote on all legislation in the second year of a General Assembly session after May 31.
- 6. Creating term limits on both minority and majority leadership positions within the Illinois House of Representatives and Senate.
- 7. Creating term limits on all statewide offices and state legislators in Illinois.
- 8. Prohibiting state lawmakers from concurrently serving as an elected official and as a paid lobbyist.
- 9. Limiting the Governor's power to declare no more than four (4) consecutive states of emergency, unless the state of emergency is approved by the legislature or an equally bipartisan legislative body.

